



**HIGH PERFORMANCE  
SPORT NEW ZEALAND**

**High Performance  
Athlete Carding Guidelines  
2013 – 2016**

November 2012

## 1. INTRODUCTION

- 1.1. This document is an overview of High Performance Sport New Zealand's (HPSNZ) Athlete Carding guidelines for the period of 2013 to 2016.
- 1.2. These guidelines are aligned to the HPSNZ Investment Framework and ultimately the HPSNZ Strategic Plan.

## 2. BACKGROUND

### 2.1. HPSNZ Vision

More New Zealanders winning on the world stage

*At Olympic/Paralympic Games and World Championships in targeted sports*

### 2.2. HPSNZ Overall Investment Principles

- a. Our goal is a performance-based system that is accountable for outcomes.
- b. Resources and performance support will be allocated on a top down, targeted basis focusing on those sports, individuals and teams that have the greatest chance of winning medals at the next Olympic Games (gold medals for the Paralympic Games) and beyond (multiple Olympic medals and multiple Paralympic gold medals will be the priority).
- c. Resources and performance support for non-Olympic targeted sports will be assessed on a case by case basis in relation to their ability to win at World Championships.
- d. Investments will also be considered for sports that have specific campaigns and individuals that, based on current evidence, are deemed to have medal potential.
- e. Investment will be made based on demonstrated need where it is clear that it will improve performance of the targeted sports and athletes.

### 2.3. HPSNZ OVERALL INVESTMENT AND SUPPORT PRIORITIES

- Sports and athletes that have medal potential at the Olympic Games (Summer and Winter).
- Non-Olympic targeted sports that can win at World Championships.
- Sports and athletes that have gold medal potential at the Paralympic Games (Summer and Winter).

### 2.4. HPSNZ AREAS OF ATHLETE SUPPORT

HPSNZ in conjunction with agreed Targeted Sports and Campaign Investment Sports may provide identified athletes (those athletes who meet specific stipulated criteria in each of the respective HPSNZ athlete support programmes) with access to:

- Agreed levels of athlete performance support delivered through HPSNZ, and other agreed benefits through the Athlete Carding programme;
- Financial assistance to allow athletes to train and compete at a world level in the way of PEGs;
- Prime Minister's Athlete Scholarship to provide support for vocational / tertiary education.

### **3. ATHLETE CARDING AND CARDING PRIORITISATION**

- 3.1. The Athlete Carding guidelines have been developed to identify and prioritise athletes that are deemed important for the achievement of HPSNZ goals, and for the allocation of athlete performance support.
- 3.2. Performance support available to Carded Athletes can include injury and illness support, strength and conditioning, nutrition, psychology, athlete life, performance and technique analysis, physiology and performance planning. Each athlete has different combinations of support available based on the needs of the individual and their sport. The level of support is determined by the sport and/or individual plan, taking into consideration best practice and the availability of HPSNZ resources.
- 3.3. The Athlete Carding criteria are aligned to the high performance athlete pathways of National Sport Organisations (NSO's) to create consistency across NSO's and alignment with HPSNZ's Strategic Plan.
- 3.4. Athlete Carding may be made available to athletes in HPSNZ Targeted Sports, and in specific cases HPSNZ may choose to provide Athlete Carding opportunities in HPSNZ Campaign Investment Sports.
- 3.5. The number of Athlete Cards available are limited and the number will be agreed with each sport based on need and stipulated prioritisation.
- 3.6. The decision to provide Athlete Carding opportunities and the priority for allocation of Athlete Cards will be based on the following:
  - a. Targeted Sports and their respective Tier,
  - b. In special cases Campaign Investment Sports may be considered for Athlete Carding,
  - c. Demonstrated need of the sport / athletes in order to achieve their performance goal,
  - d. The demonstrated ability of the performance support to add value to the athletes,
  - e. The availability of HPSNZ resources.

### **4. CARDING PROCESS**

- 4.1. Through the process of assessing NSO HP plans and Campaign Investment applications HPSNZ will confirm which of the Targeted and Campaign Investment sports are eligible for Athlete Carding.
- 4.2. Sports that are confirmed to have access to Athlete Carding will be required to present to their HPSNZ Performance Consultant for endorsement the following:
  - a. Their proposed detailed Athlete Carding criteria that align to the HPSNZ Athlete Carding Criteria;
  - b. Proposed number of Athlete Cards to be made available;
  - c. Their dates throughout the year for accessing athletes' eligibility for Athlete Carding.
- 4.3. When the individual sport's Athlete Carding criteria and dates have been agreed between the sport and HPSNZ, sports are required to assess their athletes against the criteria and propose their Athlete Carding list to their HPSNZ Performance Consultant for assessment and endorsement.

4.4. Once individual sport's Athlete Carding lists are confirmed sports are required to notify their athletes of their Athlete Carding status and Carding Level.

## 5. CARDING CRITERIA OVERVIEW

Athletes will be considered for Carding in the following three levels:

| Level   | HPSNZ Athlete Carding Criteria Overview   |
|---------|---|
| Level 1 | <ul style="list-style-type: none"> <li>• <b>Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport (or in special cases a Campaign Investment Sport) tracking toward a podium finish at the 2016 Olympic Games.</li> </ul> </li> <li>• <b>Paralympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete targeted by Paralympics NZ tracking toward a gold medal finish at the 2016 Paralympic Games.</li> </ul> </li> <li>• <b>Non-Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport that is currently ranked top three and tracking toward a podium finish at the next world championships between 2013-2016.</li> </ul> </li> </ul>  |
| Level 2 | <ul style="list-style-type: none"> <li>• <b>Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport (or in special cases a Campaign Investment Sport) tracking toward a top 8 finish at the 2016 Olympic Games, and ideally tracking towards a podium finish at the 2020 Olympic Games.</li> </ul> </li> <li>• <b>Paralympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete targeted by Paralympics NZ tracking toward a podium finish at the 2016 Paralympic Games, and ideally tracking towards a gold medal finish at the 2020 Paralympic Games.</li> </ul> </li> <li>• <b>Non-Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport tracking toward a podium finish at the next world championships between 2013-2016.</li> </ul> </li> </ul>   |
| Level 3 | <ul style="list-style-type: none"> <li>• <b>Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport (or in special cases a Campaign Investment sport) tracking toward a podium finish at the 2020 Olympic Games.</li> </ul> </li> <li>• <b>Paralympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete targeted by Paralympics NZ tracking toward a 4-6 placing in 2016 Paralympic Games, and ideally tracking towards a podium finish at the 2020 Paralympic Games.</li> <li>○ Individual athlete or team sport athlete targeted by Paralympics NZ with special cases that have the potential to positively impact on 2016 Paralympic Games performances.</li> </ul> </li> <li>• <b>Non-Olympic Sports</b> <ul style="list-style-type: none"> <li>○ Individual athlete or team sport athlete within a HPSNZ Targeted Sport tracking toward a podium finish at the world championships between 2017-2020.</li> </ul> </li> </ul> |

## **6. DE-CARDING PROCESS**

- 6.1. Athletes may be removed from the Carding list (De-Carded) by their NSO if they no longer meet the Athlete Carding criteria.
- 6.2. De-Carded athletes are to be notified by their sport in a timely manner of their removal from the Athlete Carding list.
- 6.3. The de-Carded athlete may be entitled to some transition support as determined by the sport.

## **7. NSO RESPONSIBILITIES**

- 7.1. It is the responsibility of NSOs to:
  - a. Manage their Carded Athlete list including appropriate communication directly with athletes relating to their inclusion and removal from the Athlete Carding list;
  - b. Ensure that all Carded Athletes complete all HPSNZ Athlete Carding forms;
  - c. Have their Carded Athletes on an appropriate sport specific athlete agreement;
  - d. Ensure that all athletes that are granted Athlete Carding status have an appropriate individual performance plan (IPP) that identifies their performance targets, training and competition plan;
  - e. Appropriately monitoring their Carded Athletes in line with their IPPs;
  - f. Ensure HPSNZ is kept informed of their Carded Athletes' updated contact details;
  - g. Ensure all Carded Athletes have completed all Drug Free Sport New Zealand education and compliance requirements.

## **8. ATHLETE RESPONSIBILITIES**

- 8.1. Carded Athletes are required to:
  - a. Agree to and commit to their IPP,
  - b. To work with the NSO to negotiate and agree an appropriate athlete agreement,
  - c. Inform their NSO when they believe they are not in a position to keep to their agreed IPP,
  - d. Under take all necessary Drug Free Sport New Zealand education and compliance requirements,
  - e. Comply with all the athlete codes of conduct that may be in place within their sport, HPSNZ and any Drug Free Sport New Zealand and WADA codes of conduct.