



June 2009

Paralympics New Zealand NEWSLETTER



HEADLINES

PLENTY OF MEDALS FOR KIWIS AT ARAFURA GAMES

The Paralympics New Zealand team returned home with plenty of medals and good results from the recent Arafura Games, incorporating the Oceania Paralympic Championships in Darwin.

In total 10 medals were won from the eight-athlete team. Jessica Hamill (Southland) won gold in three throwing events - shot put, discus and javelin. Hamill was also a competitor the 2008 Beijing Paralympic Games.



Samantha Eddie – Gold Medal Ceremony

Samantha Eddie (Wellington) won gold in the women’s hand-cycle road race and the women’s time trial. Athens Paralympians, Jacqueline Courtier (Waikato) and Tiffney Perry (Waikato) won the women’s tennis doubles title with Courtier also taking away the singles gold and Perry winning the silver as well.

“It was the first international event for some of our athletes. Overall it was a great event with a fine effort for Jess to come away with three gold medals and the Waikato tennis players too winning three medals between them,” says team manager Deb Shattock.

The Arafura Games have been held every two years since 1991 in Darwin, Australia. Unlike other games, the Arafura Games is not designed for current world beaters or Olympic champions, instead it provides a high quality stepping stone for athletes as part of their journey to compete at the highest level. The Oceania Paralympic Championships were first incorporated into the Arafura Games in 2007.

The Arafura Games team members were (see later in the newsletter for full results)

- Athletics** Jessica Hamill
 Rebecca Hayman
 Daryl Humberstone
- Cycling** Samantha Eddie
 Jonathan Nelson
- Shooting** Grant Philip
- Wheelchair Tennis** Tiffney Perry
 Jacqueline Courtier



Jacqueline Courtier (gold) and Tiffney Perry (silver)
in the women’s wheelchair tennis singles



Grant Philip silver and bronze medalist





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CYCLING GOLD FOR PAULA TESORIERO AT PARALYMPIC WORLD CUP

Wellington's cycling gold medalist from the Beijing Paralympic Games, Paula Tesoriero, has again proven she is one of the world's best, winning gold in the 500m time trial at the Paralympic World Cup in Manchester in a time of 43.417 seconds, just shy of her 43.237 world record time in Beijing.

Tesoriero was invited to the BT Paralympic World Cup following her success in Beijing as organisers tried to get the best riders from around the world to compete. She also competed in the individual pursuit as well as attempting to break her own world record in the Flying 200 Start which she set several months ago at the New Zealand Track Championships in Invercargill.

Tesoriero will compete in the Road World Championships in Italy in September and the Track World Champs in Manchester in November where she has her sights set on the world champion jersey in the 500m time trial. *"Although I am the Paralympic Champion, which is the highest achievement in my sport, there is something alluring about the jersey in cycling, so I really want it to go alongside the gold Paralympic medal"* said Tesoriero.

Tesoriero won gold in the 500m time trial at the Beijing Paralympic Games and two bronze medals - 3000m individual pursuit and the individual road time trial.



IPC SHOOTING OPEN ASIAN CHAMPIONSHIPS (JIKJI CUP)

New Zealand Paralympic shooter Michael Johnson has recorded a three medal haul from the 2009 IPC Shooting Open Asian Championship at the Jikji Cup in South Korea. The Auckland 35 year old, who won a bronze medal at the 2008 Paralympics in Beijing, won a gold in the R9 50metre .22 rifle in Korea along with a silver in the R4 10metre air rifle standing and a bronze in the R5 10metre Air rifle prone.

Christchurch's Grant Philip finished ninth in the R4 and R5 event with two personal bests and attaining two Paralympic minimum qualifying scores just missing out on the final of both competitions by just one point.

NEW ZEALAND ADAPTIVE ROWER PLACES FOURTH AT WORLD CUP

Another tremendous performance by New Zealand's elite rowing team assured starts for nine out of eleven crews in A finals at the World Cup regatta in Munich, including adaptive rower Robin Tinga, who finished a creditable fourth in his first international regatta.

Competing in the ASM 1000m single skulls, Tinga finished in a time of 5:32.26 behind two British scullers and a Hungarian. Tom Aggar from Great Britain, the current Paralympic champion, won in a time of 5:06.02.



Robin Tinga finishes fourth in his first international regatta.



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AWARD WINNERS

The following Paralympics New Zealand athletes have been recognised for their achievements recently:

Dominion Post Wellington Sports Awards

Paula Tesoriero - Sportswomen of the Year
Paula Tesoriero - Athlete with a Disability

Blind Sport New Zealand Awards

Jayne Parsons - Totally Blind Sportsperson of the Year
Daniel Sharp - Partially Sighted (B3) Sportsperson of the Year
Mary Fisher - Junior Athlete of the Year

New Zealand Universities Blues Awards

Cameron Leslie - Maori Sportsperson of the Year

Variety Gold Heart Scholarships

Connor Endrodi - Athletics
Chelsea Seagar - Athletics
Rebecca Dubber - Swimming
Daniel Holt - Swimming
Tyla Johnson - Swimming
Aine Kelly-Costello - Swimming
Tyler Belcher - Wheelchair Tennis

DOMINION POST WELLINGTON SPORTS AWARDS

Congratulations to Paula Tesoriero, who won the overall Sportswoman of the Year award, and Athlete with a Disability award at the Dominion Post Wellington Sports Awards. Paralympic medalists Kate Horan (athletics) and Jayne Parsons (cycling), along with Lydia Redpath (golf) were also finalists in the Athlete with a Disability category. Finalists in the Sportswomen category were Stephanie Anderson (triathlon), Marissa Pritchard (athletics) and Lucy Doolan (cricket).

2008 NEW ZEALAND UNIVERSITIES BLUES AWARDS



Congratulations to Cameron Leslie for being awarded Maori Sportsperson of the Year for his outstanding gold medal winning performance in the pool at the 2008 Paralympics in Beijing.

The NZU Blues are awarded each year to recognise New Zealand's top university athletes, honouring their sporting and academic achievements. Kiwis League star, Jerome Ropati, took top honours at the event held at Te Papa on Friday 5th June.

Photo: Cameron receiving his award from Bernice Mene.

LAUREUS WORLD SPORTS AWARDS 2009

Brazilian swimmer Daniel Dias is the winner of the 2009 Laureus World Sportsperson of the Year with a Disability Award. Mr. Dias set the pool on fire in the Beijing 2008 Paralympic Games, winning four gold, four silver and one bronze medal.

Other nominees in the category for Laureus Sportsperson of the Year with a Disability were April Holmes (athletics, USA), Darren Kenny (cycling, Great Britain), Jonas Jacobsson (shooting, Sweden), Teresa Perales (swimming, Spain), Zhang Lixin (athletics, China).

For more information, please visit the official website at www.laureus.com





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RESULTS

ARAFURA GAMES – MAY 2009 – DARWIN, AUS

Jessica Hamill – Athletics

F34	Discus	17.10m	Gold
F34	Javelin	13.29m	Gold
F34	Shot Put	6.98m	Gold

Daryl Humberstone – Athletics

F44	Long Jump	3.18m	5 th
T44	100 metres	14.68	12 th
T44	200 metres	31.60	14 th

Samantha Eddie – Cycling

HCC	35.9km Road Race	1hr 49:01	Gold
HCC	13.0km Time Trial	41:56	Gold

Jonathan Nelson – Cycling

HCC	35.9km Road Race	1hr 42:06	4 th
HCC	13.0km Time Trial	58:51	4 th

Grant Philip – Shooting

R5	Air Rifle Prone		Silver
R4	Air Rifle Standing		Bronze

Jacque Courtier – Wheelchair Tennis

Open	Doubles		Gold
Open	Singles		Gold

Tiffiney Perry – Wheelchair Tennis

Open	Doubles		Gold
Open	Singles		Silver



BT PARALYMPIC WORLD CUP – MAY 2009 – MANCHESTER, ENG

Paula Tesoriero - Cycling

LC3	500m Time Trial	43.417	Gold
LC3	3km Pursuit	4:25.349	Gold
LC3	200m Flying Start	14.720	World Record Attempt



Michael Ardern – Swimming

BT Paralympic World Cup

S7	50m Freestyle	31.49	5 th
S7	100m Freestyle	1:11.81	6 th

International Open (Multi-Disability Competition) – Held prior to World Cup

S7	100m Backstroke	1:21.16	7 th
SB7	100m Breaststroke	1:35.50	10 th
SM7	200m Individual Medley	2:56.81	11 th
S7	50m Freestyle	31.40	16 th
S7	100m Freestyle	1:10.88	16 th





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RESULTS

ASIAN SHOOTING OPEN (JIKJI CUP) – APR 2009 – SOUTH KOREA

Michael Johnson – Shooting

R9	50m Air Rifle	Gold
R4	Air Rifle Standing	Silver
R5	Air Rifle Prone	Bronze

Grant Philip – Shooting

R5	Air Rifle Prone	9 th
R4	Air Rifle Standing	9 th

ROWING WORLD CUP SERIES II – JUN 2009 – MUNICH, GER

Robin Tinga – Rowing

<i>Rowing World Cup Series II</i>			
ASM	1000 metres	5:32.26	4 th

Rowing Invitational – held prior to World Cup Series

ASM	1000 metres	5:16.90	4 th
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NZ WHEELCHAIR RUGBY COMPETITION

NZ Wheelchair Rugby Competition

Rounds 1 & 2 of the New Zealand Wheelchair Rugby Competition have now been competed. Results of both competitions are posted on the NZWR website www.wheelblacks.com

CALENDAR OF EVENTS

Below is a calendar of upcoming events that are being held in New Zealand and around the world.

2009	EVENT	LOCATION
JULY		
04 Jul – 05 Jul	Boccia New Zealand Focus Cup	Auckland
15 Jul – 19 Jul	IWAS Athletic World Junior Championships	Nottwil, SUI
15 Jul – 20 Jul	IBSA World Youth & Student Championships	Colorado Springs, USA
25 Jul – 26 Jul	NZ Wheelchair Rugby Competition – Round 3	Christchurch
28 Jul – 30 Jul	Adaptive Snowboarding World Championships	Wanaka
26 Jul – 31 Jul	NZ Disabled Snow Sports Nationals	Wanaka
AUGUST		
14 Aug – 22 Aug	Asia & South Pacific Boccia Championships	Hong Kong
21 Aug – 30 Aug	NZ Winter Games	Wanaka
23 Aug – 30 Aug	World Rowing Championships	Poznan, POL
SEPTEMBER		
08 Sep – 13 Sep	ICU Para Cycling World Championships – Road	Piemont, ITA
26 Sep	PNZ Annual General Meeting	Christchurch





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UPCOMING EVENTS

AUSTRALIAN PARALYMPIC YOUTH GAMES

The Australian Paralympic Youth Games will be held in Melbourne in October 2009. Hosted by Wheelchair Sports Victoria, with the support of the Australian Paralympic Committee, the Games will provide an opportunity for young athletes with a disability to compete in world class sporting venues across a range of Paralympic sports. Athletes will experience an event environment promoting competition, friendship and culture.

The 2009 Australian Paralympic Youth Games is open to athletes with a disability aged 20 years or younger, as at 31st December 2009.

The following sports are included at these games:

- Athletics
- Football (Cerebral Palsy)
- Hand Cycling
- Swimming
- Table Tennis
- Wheelchair Basketball
- Wheelchair Tennis

Paralympics New Zealand has called for Expressions of Interest for athletes wanting to compete in this event.

Please note: Qualifying standards for this event have been posted on the website

www.paralympics.org.nz/ausyouthgames2009.htm

2009 MITSUBISHI MOTORS PNZ NATIONAL CHAMPIONSHIPS

Paralympics New Zealand is pleased to announce that ParaFed Wellington will host the 37th Mitsubishi Motors PNZ National Championships in Wellington on the 13th – 15th November 2009.

Since 1968, the National Championships have been the breeding ground for athletes with disabilities and has been the starting point for many of our top New Zealand Paralympians. This will be the first time since 1996 that the National Championships have been held in Wellington and we look forward to a very successfully competition.

ParaFed Wellington are targeting a number of sports to be held as part of the nationals including archery, athletics, bowls, hand cycling, powerlifting, sailing, shooting, swimming and table tennis.

For more information contact your local ParaFed Association, who have the expressions of interest forms.

VANCOUVER 2010 ... 256 DAYS UNTIL THE GAMES BEGIN

Planning and Preparation is underway as we inch closer to the 2010 Vancouver Winter Paralympic Games.

PNZ are the official ticket reseller in New Zealand for the Vancouver 2010 Paralympic Winter Games. Should you wish to purchase tickets please initially go to the official website at www.vancouver2010.com/en/ticketing-information/-/32334/f64b2s/index.html, gather information on the events you want tickets for then email your requirements to info@paralympics.org.nz





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UPCOMING EVENTS

ATHLETICS

Wheelchair Racing Series & IWAS Athletic World Championships:

Wheelchair Racer, Matthew Lack (Opotiki), will depart for North America next month to compete in a series of Wheelchair Racing Competitions, before heading to Switzerland to compete in the IWAS Athletic World Junior Championships.

At just 17 years of age, Lack is New Zealand's leading wheelchair racer and is looking forward to success in both the track and road events.

CYCLING

UCI Para-Cycling World Champs - Re-Scheduled

The International Cycling Union (UCI) recently announced that the 2009 UCI Para-Cycling World Championships, originally scheduled to be held in Seville, Spain will now take place in other cities.

The track events will be held from 4th – 8th November 2009 in Manchester, England, following on from the UCI Track Cycling World Cup Classics in that city from 30th October – 1st November.

The road events will be held from 8th – 13th September 2009 in the Piedmont region of Italy.

For more information, please visit the UCI website at www.uci.ch

BOCCIA

3rd Asia & South Pacific Boccia Championships

A Boccia NZ team will be heading to Hong Kong to compete in the 3rd Asia and South Pacific Boccia Championships to be held from 14th – 22nd August in Hong Kong. The team is as follows:

Athletes

Gayle Russell	BC1
Kerri Bonner	BC2
Jeremy Morriss	BC2
Maurice Toon	BC2
Henk Dijkstra	BC3
Mandy Slade	BC3

Support Staff

Dave O'Donovan	Coach
Kathy Bingham	BC1 Sports Assistant
Anna Skelton	BC3 Sports Assistant
Gabrielle Heaslip	BC3 Sports Assistant
Michael Northcott	Athlete Support

SWIMMING

IBSA World Youth & Student Championships

Swimmers Daniel Holt (Auckland) and Mary Fisher (Wellington) will compete in the IBSA World Youth & Student Championships in Colorado Springs, USA on the 15th – 20th July 2009. This is a great international competition for both for these swimmers and will produce an opportunity to qualifying for the 2009 IPC World Championships (25m) to be held in Brasil later this year.



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UPCOMING EVENTS

TRIATHALON

2009 Triathlon World Championships

For the first time Triathlon New Zealand will be selecting a paratriathlete team to compete in the standard distance at the World Championships held this year on the Gold Coast, Australia 9th – 13th September. Tri NZ sees this as an exciting development within the sport and is supportive of the continued drive by the ITU for the development of Paratriathlon and its inclusion in the Paralympics.

ITU's Vice President Sarah Springham comments: "Our aspirational goal is obtaining programme status for triathlon in the Paralympic Games. Combining the technical expertise of the Participant Committee members with the President's and Board members' political experience of lobbying for inclusion in major games should see us preparing a strong candidature file for the submission to the IPC later this year".

For further information please contact Adele Holmes at Tri NZ (09 524 3592 or adele.holmes@triathlon.org.nz) or visit the website on www.zeus-sport.com/TRIATHALON

WINTER PROGRAMME

2009 Adaptive Snowboard Championships

New Zealand's Cardrona Alpine Resort will next month welcome snowboarders with physical disabilities from across the globe for the inaugural World Snowboard Federation (WSF) Adaptive Snowboard World Championships.

The WSF Adaptive Snowboard World Championships will consist of a sling-shot Snowboardcross race and will be showcased on July 30 during the 2009 Adaptive Snow Sports Festival and National Championships. Snow Sports New Zealand (SSNZ) in conjunction The New Zealand Snowboard Union (NZSBU) will stage the event. SSNZ Adaptive Manager and Festival Organiser, Libby Blackley said she is looking forward to welcoming world class adaptive snowboarders to New Zealand for the first time.

New Zealand's top Kiwi rider, Carl Murphy of New Plymouth, has set his focus on the World Championships gold medal. Murphy, who is a below the knee amputee, most recently had a successful northern hemisphere campaign, taking home gold, silver and bronze medals at the Canadian Nationals and the USA Snowboarding Association (USASA) National Championships this year.

The Adaptive Snow Sports Festival runs from the 26th – 30th July at Cardrona Alpine resort. The festival is the highlight of the adaptive snow sports winter calendar in New Zealand, offering instruction and coaching for recreational skiers and boarders alongside the elite level competitions. For further information please see www.disabledsnowsports.org.nz

2009 Winter Games New Zealand

Winter Games NZ will take place at Coronet Peak, The Remarkables, Cardrona Alpine Resort, Snow Farm, Naseby and Dunedin from 22nd – 30th August, and will feature disciplines of alpine skiing, free skiing, x-country skiing, snowboarding, curling, ice skating and adaptive snow sports as well as the demonstration sports of winter triathlon and natural luge.

Winter Games NZ is the first major event to include adaptive skiing in the mainstream event that will allow adaptive skiers to race on the same course, on the same day as able-bodied skiers in the Super G, GS and slalom disciplines at Coronet Peak. For further information visit www.wintergamesnz.com





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GENERAL NEWS

XCELERATE 2 XCELLENCE

Xccelerate 2 Xcellence, Paralympics New Zealand's Talent ID & Fast Track Programme, was launched in February 2009 with a goal of identifying athletes who have the potential to win medals at the 2012 London Paralympic Games.



Over 120 applications have been received from interested people, including New Zealand athletes currently living overseas.

Paralympics New Zealand is now into the testing and assessment stage of the programme, focused towards those targeted X2X sports – cycling, swimming, athletics, shooting, powerlifting and rowing.

It is an exciting time for Paralympics New Zealand, as we build towards London 2012 and beyond.

CLASSIFICATION

The first few months in her role as PNZ Classification Coordinator, Marguerite Christophers has been busy familiarising and developing the classification programme.



National Classifications

- 27 national classification assessments have been completed for cycling.
- 13 national classification assessments have been completed for athletics.

Provisional classifications

- 11 provisional classifications have been completed for new athletes with the majority of these being sent from secondary schools.

The majority of these athletes have been identified through the Xccelerate 2 Xcellence Talent ID Programme.

Work is underway to assist in the development of the International Triathlon Union's Classification (ITU) Manual for Paratriathlon. Triathlon New Zealand is hoping to send Paratriathletes to the World Championships in the Gold Coast in September. The ITU will also be running the first ever Paratriathlon Classification Course prior the classification at the World Triathlon Championships.

Classifications were done at the NZ Wheelchair Rugby Competitions Round 1 and 2 at Palmerston North and Wellington respectively.

Kerry Jenkinson has been selected as an International Technical Classifier to attend the Asia South Pacific Boccia Championships in Hong Kong in August. Henry Redmond and Helen Prendergast attended the Table Tennis Classification Course in May at the Arafura Games.

Paralympics New Zealand would be keen to hear from anyone interested in becoming a classifier, particularly in the sports of athletics, swimming, rowing, cycling, sailing, shooting, alpine skiing and blind sport. Criteria do apply.

For more information contact: Marguerite Christophers classification@paralympics.org.nz



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GENERAL NEWS

COACHING NEWS

PNZ and New Zealand Academy of Sport Partnership

PNZ and NZAS (Coach Support) have been working closely establish partnership to enhance our coaches' development through the PNZ Coaching Pathway. PNZ will be the first organisation in New Zealand to facilitate such a partnership to ensure that coaching development has a clear set of guidelines and processes that compliments both organizations. PNZ will now have use of tools and learning opportunities not historically available to coaches at all levels.

PNZ Coach Accreditation

The three modules that make up the coach accreditation programme are now ready to be rolled out. Talks have taken place with Yachting NZ to have the modules incorporated into their coaching education programme but it looks as if the PNZ Swimming Programme (driven by Clive Power) will be the first to have PNZ accredited coaches which will take place on the 31st July and the 1st August. If you are interested in being recognised by PNZ as competent in Coaching Athletes with Disability either contact your local Parafed, Regional Sports Trust, National Sports Organisation or Dwayne on 09 526 0766.

NZAS South Island Forum – Accelerating Talent

The forum took place in Christchurch from the 12th - 13th of June and PNZ invited its High Performance Coaches to attend. This was a fantastic opportunity for our coaches to listen to some industry leaders from around the world and discuss coaching issues with coaches from a number of sporting codes from around the country. PNZ facilitated a section specifically for our coaches to discuss the Coaching Pathway, Individual Performance Planning, Periodization Planning and Tracking

PARAFED NEWS

The ParaFed organisations across New Zealand have been working hard as a network over the past few months to increase their capability and capacity to facilitate sporting opportunities within their communities at the participation level.

The ParaFed revitalisation is a SPARC funded initiative to help assist the ParaFeds increase the opportunities for people with a physical disability to have access to sustainable sport and recreation. Over the next 12 months we look forward to seeing the further development of the ParaFed network around New Zealand

To contact your local ParaFed and find out what they can offer, you can locate contact details at:

www.paralympics.org.nz/partners_parafeds.htm

NEW ZEALANDER APPOINTED BOCCIA HEAD REFEREE AT ASIA & SOUTH PACIFIC CHAMPIONSHIPS

Paul Coffey (Dunedin) has been invited as Head Referee at the 3rd Asia & South Pacific Championships in Hong Kong. This will be Paul's first international competition as Head Referee. He said *"that he does have a few nerves but they have been eased a little knowing that his assistant Pedro Fernando, from Portugal is a very experienced referee at this level and will be a great mentor"*.

Paul's involvement with the sport started as a ramp assistant in Sydney 1995. Since then he has been to three Paralympic Games as a referee, throwers assistant and ramp assistant. Paralympics New Zealand congratulates Paul on his appointment.

PARALYMPICS NEW ZEALAND ANNUAL GENERAL MEETING

The Annual General Meeting of Paralympics New Zealand will be held in Christchurch on Saturday 26th September 2009.





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PNZ STAFF NEWS

PNZ CEO

Recently married, Fiona Allan has changed her surname to Pickering. Fiona's new email address is fpickering@paralympics.org.nz

PNZ ADMINISTRATION MANAGER

Rosemary Bradshaw has been appointed as Paralympics New Zealand's Administration Manager. She brings a lot of experience to the role, including working in Manchester, UK, as Office Manager for the North West Universities Association. Prior to leaving for the UK, she worked at UNITEC for 4 years in various roles including Administration Manager for the business schools. She also brings a lot of experience from roles in both education and commercial businesses.



PNZ BIKE PERFORMANCE MANAGER

Paralympics New Zealand is delighted to welcome Brendon Cameron to the training team. Brendon is a former Olympic Track Cyclist (1996, 2000 Olympics) and has been involved in cycling for 23 years. He is a full time cycling coach with 12 athletes in his squad from around the country – from track, road, MTB cyclists and triathletes – junior athletes to New Zealand representatives.

Brendon's role within the PNZ Bike Programme is to work with Malcolm Humm and the team to develop the High Performance Plan & Pathway for the Paralympic Cycling Team.

The initial phase is to use the results from the new Xccelerate 2 Xcellence Programme and work with both current and former athletes and their coaches to shape a programme that will deliver elite athletes for the London Paralympics in 2012.

PNZ SWIMMING PERFORMANCE MANAGER

Paralympics New Zealand is very pleased to announce that Clive Power has been appointed as Swimming Performance Manager. Clive has many years of experience in Paralympic Swimming, having overseen the successful Sydney 2000 and Beijing 2008 campaigns. It is exciting to have Clive as part of our team, as we build towards London 2012 and beyond.



Clive's role within the PNZ Swimming Programme is to work with Malcolm Humm and the team to develop the High Performance Plan & Pathway for the Paralympic Swimming Team.

The initial phase is to use the results from the new Xccelerate 2 Xcellence Programme and work with both current and former athletes and their coaches to shape a programme that will deliver elite athletes for the London Paralympics in 2012.



PNZ MEDICAL DIRECTOR

Dr Ian Murphy is continuing his role with Paralympics New Zealand as the Medical Director, responsible for the co-ordination of the health team to support PNZ athletes.

Ian is a consultant sports physician and is also the Team Doctor for the Hurricanes Super 14. Ian's experience in sports medicine includes working with Pulse Netball (2008, 09), NZ Maori Tour (2008), Canberra Raiders Rugby League (2004, 05) and others.



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PNZ STAFF NEWS

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