

# The Sport Pathways Framework ensures everyone in Aotearoa New Zealand can enjoy **Sport for all, Sport for life.**

The Framework:

- has been developed to enhance the wellbeing and optimise the potential of all sport participants through the alignment of people, programmes, and environments;
- will ensure the New Zealand sport system works together to bring Balance is Better to life providing quality sport experiences that meet the motivation of all participants; and
- is for sports and sport system partners and stakeholders to appreciate different participant motivations to then understand their respective roles.

The Framework is based on the following principles:

## **QUALITY SPORT**

Quality, safe, and inclusive sport experiences are essential for all New Zealanders and lead to a healthier nation.

## **COLLABORATION**

A sport system working together, with clarity of roles and responsibilities, will lead to better outcomes for all participants.

## **HAUORA**

Sport experiences must support all dimensions of people's wellbeing, and these will look different depending on the individual participant's motivations.

## **INDIVIDUAL FLEXIBILITY**

Participants develop at different rates. Age and stage considerations are especially important for competitive and performance athletes.

## **PARTICIPANT-CENTERED**

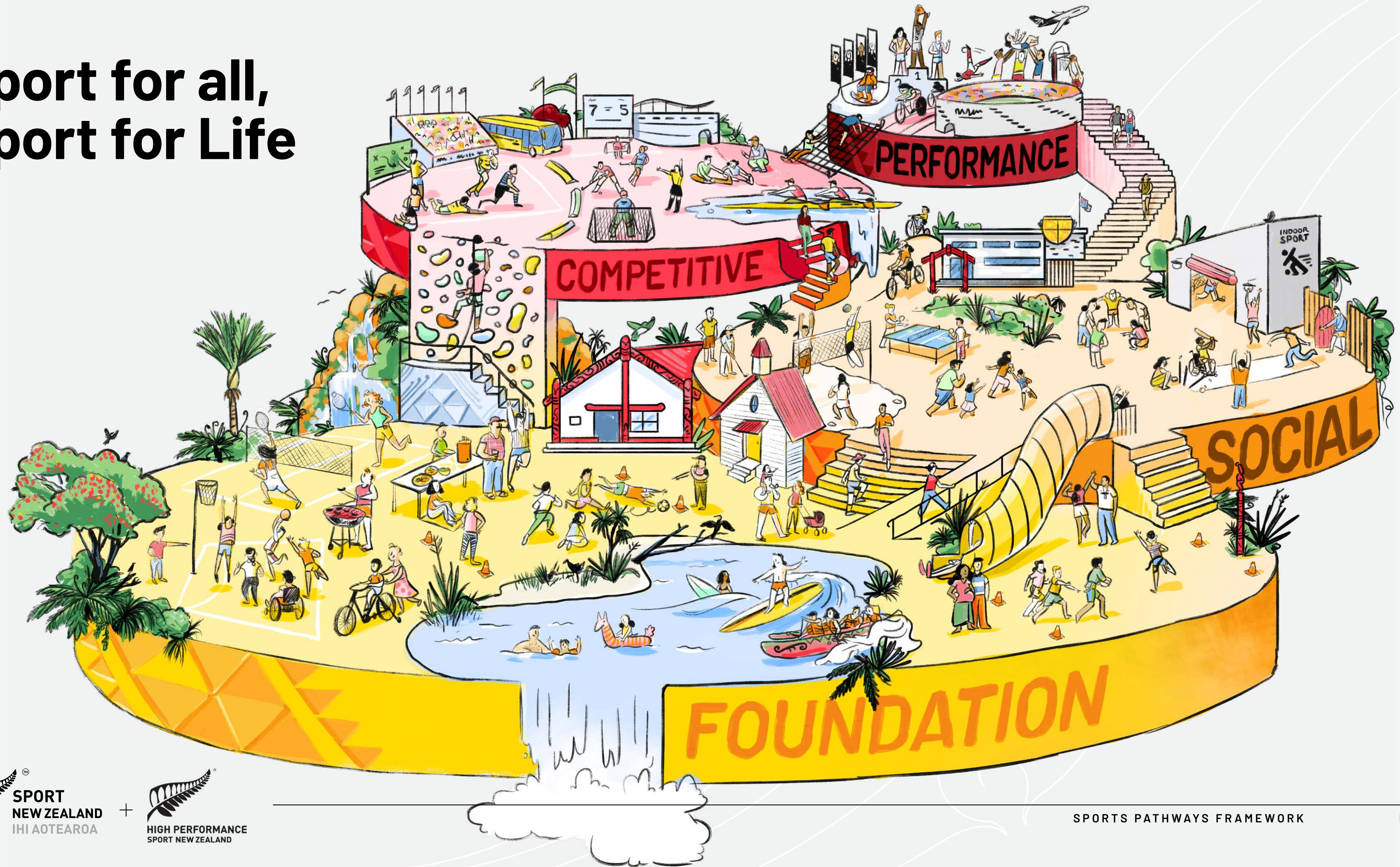
Transitions in, out, and through sport are driven by the participant's motivation, skills, ability, commitment, and desired outcomes from their sport experience.

## **LOCALLY-LED**

Enabling and empowering local decision-making to support responsiveness for different sport motivations is encouraged.



# Sport for all, Sport for Life





# The Domains

## Foundation

First sport experiences, focusing on enjoyment, skill development, and learning.

## Social

More flexible, less formal formats, focusing on enjoyment and playing sport with friends.

## Competitive

More structured competitive formats and programmes, run at local, regional, and national levels, focusing on participants and athletes who have drive, aspiration, and motivation to improve and reach their potential.

## Performance

National and international competitions and programmes, focusing on the development and performance of nationally confirmed athletes who demonstrate the attributes, ambition, and attitude to excel on the world stage.

Transition from Competition to Performance: Navigating the development for a small number of nationally identified athletes between the competition and performance domains is critical to optimise their future potential. It is important that the sports system works collaboratively.

# The three key success factors for a quality experience: **People, Programmes, Environments**

How the sport system brings these factors to life will look different in each domain.

### GOOD PEOPLE

Good people enrich the lives of participants through quality relationships and engagement. Good people look like:

- Well-supported coaches, officials, and administrators
- Responsible leaders
- Well-resourced partners
- Supportive whānau

### GOOD PROGRAMMES

Good programmes have quality leadership and appropriate and equitable design, aligned to participants' motivations, with resources that enable effective programme planning, delivery, and review.

### GOOD ENVIRONMENTS

Good environments where participants and athletes thrive in training, playing, and competing (such as clubs, schools, gyms, and national environments) are:

- Safe
- Welcoming
- Inclusive
- Fun
- Fair
- Holistic